



AUGUST 2016

# Hey Paparoa! Here's the bad and the good on our rubbish!

From this ... dumped

"Very frustrated again. Yet another heap of rubbish dumped on this Huarau roadside. Old lawn mower, tyres, scrap etc. Why can't people take it just three or four km down the road to Wilson's recycling centre? The metal stuff probably could have gone to the scrap metal place Alexanders (ASM) at the railway in Maungaturoto. These sort of people sure don't believe in Clean Green NZ!"

Stella Clyde



Footnote - KDC workers came and cleaned up this dumped mess on Huarau Road and did an amazing job. Thank you!

To this ... making a difference



"This is the amount of rubbish I picked up on one side of the road, maybe over 500 metres. Sure, a lot of it will be passers through, but a lot will be local. Who, what or where it doesn't matter, but what I want to do is something about it."

"When you finish your coffee, your V or whatever, don't be a dick and chuck the empty out the window! It's not that hard to put it in the bin when you

get to wherever you're going... I'm all for keeping my beautiful hometown beautiful.

People driving past wouldn't realise how much rubbish there is. I literally can fill up a bag like this every couple hundred metres, one side of the road only! I also gashed my finger quite badly on a hidden broken bottle, so please think twice before littering!



I know of a couple of others who are also picking up rubbish on walks, which is awesome! The only way we are going to get on top of this, is together."

Antonia Hiraeth

## Recycling efforts build success

Since opening last September this business has proven its worth to our community. Pictured here is Bevan Wilson standing beside stacks of plastic bottles which have been compressed into 'bales' ready for trucking to Auckland and below he's standing beside high stacks of compressed 'bales' of cardboard and paper. The bales of plastic weigh 250kg and the cardboard/paper bales are 450kg. That's a huge amount of plastic and cardboard to make those weights!



Bevan is happy with how the facility is being used but is keen to see more 'recyclable rubbish' come his way. This would enable him to better cover the expenses they incur - the compressing machine for one thing - and to help our environment in the process.

Open from 10am to 2pm, Monday to Saturday, it is easy and convenient to offload all your plastics, glass, tin and aluminium, as well as any paper and cardboard. Although they started out with all colours of glass in together, they now separate out brown, green and clear.

The depot is at the North Kaipara Transport (NKT) site on Huarau Station Road, just off S.H.12 between Paparoa and Maungaturoto. It's not far along a short metal road which crosses the northern railway line.



## Paparooa Press PP

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## Libby standing for KDC and NRC positions

Libby Jones of Paparooa, who has a passion for community wellbeing and sound governance, is standing for election to the Kaipara District Council in the Otamatea Ward, as well as the Northland District Health Board as a representative of the Kaipara.

Libby has lived with her husband Pete Hames in the area for the last 26 years, and they farm beef cattle and run dairy grazers on their two blocks in the Paparooa district. They have two teenage daughters Rita and Maggie at Otamatea High School and are active community members.

Libby is passionate about Kaipara and sees the potential of working together more effectively across the district to achieve better outcomes.

"I believe that our new council will need to look forward and build on the gains that have been made already. I want Kaipara to become known as a progressive, innovative district where we listen to our communities' needs and make well-informed and transparent governance decisions".

Libby spent one term as a director on the Northland District Health Board, and was then appointed on the DHB's Hospital Advisory Committee. She is currently the Deputy Chair of the Rural Support Trust Northland, and has recently joined Volunteering Northland as a Kaipara voice.

She was chair of Paparooa Primary School Board of Trustees for nine years and is now Deputy Chair of Otamatea High School Board and the Paparooa Medical Society. She joined NZ Institute of Directors in 2012 to ensure she is current with governance issues and to undertake further director training.

Libby has worked in health and



social services in government and community organisations, in both clinical and leadership roles. In her current position as Lead Professional for the Whangarei Children's Team she works collaboratively with other organisations assisting vulnerable children and families.

She would relish the opportunity to represent Otamatea and Kaipara in these local government roles and would bring her energy, experience and integrity if elected.

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## Keeping Paparoa Beautiful!

Not the best weather for planting of late, but five hardy male volunteers braved the elements one very wet day to plant over 300 plants on the far side of the riverbank (across the river from Skeltons and the g.a.s. station).

Once again the Kaipara District Council came to the fore and donated the plants which we hope will thrive and beautify our village even further.

These tasks all take time and effort. We would love some extra help with weeding and maintenance. If you can assist us at any time, it would be helpful to have your name and phone number in order to contact you when required. We realise that many of you cannot commit your time on a

regular basis, but with enough volunteers we can spread the load.

With our new playground and new fence at the Village Green things are really 'looking up' and there are also plans afoot to have a mural painted on the green water tank on The Green which will tie in with the one on the ablution block.

Aren't we lucky to live in an amazing little village amidst such lovely people!

Janice



The planting site on the riverbank

## JMB Rugby season ends

Our rugby season has drawn to a close now with just the prize giving still to come. Adam and his committee of enthusiastic parents have done a fantastic job.

The kids have shown improvement every game thanks to the patience and dedication of the coaches that kindly volunteer so much time and effort to our kids. Big 'thank you's' go to our supporters, including everyone who bought raffle tickets. Also a huge thank you to the Matarua Golf Club for their very generous donation.

With all the work that goes into each JMB Rugby season there are just as many rewards, if not more. So farewell for now, and we look forward to next year's season!

Sandra Duncan



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## Bush walk pest control

Two determined men, Jim and Stu, have been spending many hours baiting and trapping in the Lions' Bush Walkway, with considerable success. They are continuing to find possums in the traps and the occasional stoat and rat.

A new DOC bait that's being used is proving that there are many rats in the area. Rats are death to ground and tree nesting birds.

This good work will continue and the new man on the job now, Shaun, is seen here learning the tricky art of resetting the powerful possum traps recently installed.

It is important that track walkers stay on the track and that no wandering dogs (or cattle) gain access to the area. Due to the threat of 'kauri dieback disease', and because some of the walkway is over private farmland, dogs on a lead are not permitted.

If any track walker sees anything they are concerned about, please contact Jim 4317 290 or Stu 9469 990. They would very much like to hear of any sightings of banded rail, bittern or even brown teal!



Shaun Holland with Jim Rowlands setting traps

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## KDC welcomes new CEO

Kaipara welcomed new Chief Executive Officer (CEO) Graham Sibery at the beginning of July when he began his tenure. His extensive experience in service delivery, investment infrastructure projects and major contracts should prove to be of great value in his new position.

He has expressed a wish to meet and get to know the people of Kaipara so that he can take their views on board. He sees his CEO role as being part of a team; to run a tight ship, to ensure the new Council's decisions are implemented effectively, and that Council's vision can be achieved so that Kaipara will be a great place to live and work.



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## Something NEW at Paparoa Hotel

When Pam Goode, the owner of the Paparoa Hotel, approached restaurant consultant Grant Allen to work with the new lessees Aaron and Kat Morris, he said one big YES.

The idea of introducing two young Canadians to the delights of some great local NZ produce while merging some Canadian food styles with some Kiwi favourites plus helping Kat and Aaron's concept of *The Thirsty Raven* take flight, was just the kind of challenge that he thrives on.

"We want to take it step by step, build something solid that people can relate to, and then move out from there," says Kat "we've got so many ideas and exciting things planned. We're so happy that Paparoa is our new home, and we're loving the friendliness of the village and the amazing produce and landscape."

So what's on the menu?

Brioche, sweet and savoury, are being made daily with flavours decided minutes before they go in the oven each morning. Pizzas are Italian-style thin crust with homemade dough and pizza sauce, savoury pies are made on-site and freshly baked cakes and sweet treats will always be on offer!

Weekend dinners feature a mix of local delicacies (baked flounder is a favourite of the kitchen) and unique home-style offerings like hearty beans and local sausage.

Grant and Kat have been "canucking" a few classic offers on the weekend brunch menu as french toast becomes canuck toast, brioche bread,



Grant Allen Restaurant consultant

manuka smoked bacon and of course Canada's famous maple syrup. You might notice that maple syrup is a big influence at the Raven, on bacon, glazing their signature ham, in their caramelised onions, and of course on their pancakes.

You can check out The Thirsty Raven and everything the Paparoa Hotel has to offer seven days a week - and don't forget about weekend brunch and full dinner menu Friday to Sunday from 6pm.

Menus are now online to view any time or drop in for a chat with Aaron and Kat!

Also - from now until August 10<sup>th</sup> ALL pizzas (takeaway and dine in) are \$15 - there's no better time to experiment with new flavours and your tried and true favourites! Lots of vegetarian options, and a gluten free option as well.

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## John Robertson at Rotary

Commissioner John Robertson recently addressed Maungaturoto and Districts Rotary Club. He first thanked those present for the support given to the Commissioners, and then gave a review of the Commissioners' time in Kaipara.

Some of the reasons why commissioners had to be appointed included the loss of spending control on the Mangawhai Community Wastewater Scheme, no monthly Council financial reports, the outsourcing of management and oversight of roading, unsustainable grants for facilities given out to community organisations and the failures of KDC's auditors. Directives to the Commissioners were that there was to be no increase in debt, balanced budgets were to be operated, there needed to be a focus on core business and monthly financial reports. Asset management and monitoring was to be in-house, and central government to be consulted on problems arising from past rate setting.

The issues that have been addressed include an overall debt reduction, improved community and

lwi engagement, a review of Council owned parks, property, housing and campgrounds, and council offices rationalised. Roads maintenance is now administered by Northland Transport Alliance (KDC linked to other Northland Councils, Regional Council and NZTA).

Legal challenge against the Council has been dismissed and the Auditor General case has been settled with a payment to KDC of \$5million. There are some ongoing legal matters which it is hoped will be resolved by October.

**So what happens now as we return to an elected Council?** There will be ongoing support from a Crown Manager and Crown Observer. With finances in good shape, community engagement in good health and Council organisation improved, it's up to Kaipara voters to make sure they are in full support at the election of the new Council. PP

## Sailing the R Tucker Thompson

Twelve students from Otamatea High School spent the first week of their school holidays on the R Tucker Thompson learning how to sail a tall ship.



Paparoa locals, second (or maybe third) cousins Rita and David Hames, were among them, braving the cold and wind for a week of voyaging down the east coast from Opuia in the Bay of Islands to Marsden Cove. Rita had sailed on the ship last year and enjoyed it so much she was keen to do it again.

This year was a bonus with windier weather as they got to voyage under full sail, which was a great spectacle. The trainees all had to climb

the rigging, set the sails, do daily chores such as clean the brass, and the head (toilet) as well as help with meals.

There were quite a few land stops with opportunities to explore small bays, play cricket on the beach and take numerous selfies in front of the ship in the bay. Highlights for Rita were the early morning swims, snorkelling on a reef, and getting the chance to hand feed fish, plus the camaraderie of the group on board the ship.

## Introducing Penny Smart

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## Geckos in the garden

Discovered a gecko has taken up residence in your garden? Most days he can be found exactly where you first spotted him. The hardest part is finding him: geckos are masters of camouflage, they love thick dense bushes, nooks and crannies to hide in. This is in part why reported sightings are so rare: geckos are just really hard to spot.

We aren't all lucky enough to spot geckos in our gardens by chance, so how do we search for our hidden friends?

The best way to spot one is at night. Not because they are nocturnal like our native ruru, but by taking a torch to a manuka (or other native bushes), the white of a gecko's underside will give them away. Alternatively, looking in old logs, under rocks or just patiently searching branches and tree tops will turn up hidden treasures.

Now that you are ready to start searching, remember you are not going to find geckos unless you have a safe garden with lots of insects, nectar and fruit (geckos love the fruit and nectar of our native trees).



You don't need a forest in your backyard for geckos to thrive but you do need a piece of your garden that can be theirs. Geckos need to feel safe; a cat-free messy garden is perfect, but not always practical.

However, no matter our situation we can give nature a helping hand by planting flaxes and native bushes (geckos' personal favourites are cosprosmas). If you can get away with it, larger trees like



manuka are perfect for geckos to get up high and safe. Place old logs or rock piles in your garden which will bring insects and are perfect gecko hiding holes.

With a little care and thought we can help our native taonga to thrive. But, we all have to do our part, as things haven't been so great for many

of our species, including native geckos. It will take a constant effort to save our species from extinction.

So, next time you spot one of our scaly friends or you're up to the challenge of searching your property for this hidden gem, don't touch, but record (photos are great) and report - either directly via the DOC website or email shaunholl@hotmail.com. We can't save what we don't know is there.

Shaun Holland

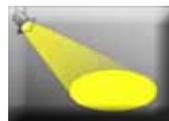
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## Spotlight on ... Alistair and Lynn

A series of happy accidents

The couple, who have been together 30 years, made the move from Auckland six years ago. Their first happy accident was finding this area, although they had purchased the block of sheds their shop is situated in two years before that.

Clearly Alistair is a man who knows a good shed when he sees it and they spent many weekends doing it up. With



a lack of interest shown from any prospective tenants, they decided to blend an old love of antiques with home brew equipment and run their own shop. That was the second happy accident which has seen them become a popular stop on Paparooa's 'strip'.

Alistair is also known further afield for his musical accomplishments, currently playing in *Shane and the Shazams* in his spare time.

Lynn is no travelling groupie, however, and prefers to spend her time between running the shop in Alistair's absence and their home in Matakoho.

Incredibly knowledgeable about brewing, they would like to use this opportunity to gauge interest about starting up an informal homebrew club. If this sounds like something YOU would like to connect with, pop in and let them know!

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## Hall Notes

Firstly, the Committee thanks those who have already responded positively to last month's Appeal Letter. We like to know that people care!

Unfortunately our application for a KDC grant was declined; it was hoped that Council would support our efforts to get repairs and resealing of the remainder of the carpark area done. The carpark area is being leased from KDC and the seal has been needing this remedial work since the early 2000s.

Lorraine Rowlands, Secretary



## Rotary Paul Harris Fellow

The Paul Harris Fellow is a Rotary honour in recognition of outstanding commitment to Rotary and/or to the community. Haydn Hutching was presented with this award at Maungaturoto and Districts Rotary Club honouring his contribution to education, sport and community service.

Principal of Otamatea High School from 1995 to 2013, Haydn was heavily involved in Northland Secondary School Sports, and was also Northland Representative on the NZ Secondary Schools' Sports Council.

His love of music initiated *Olla Podriga* (a little bit of everything) an opportunity for OHS students to showcase



their talents on stage and it is still a popular school event today.

President of Maungaturoto and Districts Rotary Club in 2000/01 Haydn's affinity with youth meant that Rotary projects involving youth were always important to him.

He now works in an advisory capacity for the Ministry and has moved north to live in the Hokianga.

Bet Nelley



## Busker Ray moves north



Ray Drake has been a market busker many times over the last five years, but now he's shifting up to Waiapapa Kauri Landing near Kaitaia, to live under the care of his Aunt Jan, the mail lady up there.

Ray loves his music, hoping to be a full time busker and he also aspires to be a sculptor of clay models such as music legends, Elvis and David Bowie.

And on that note he was keen to get back to his guitar and do a Bowie song. All the best for your future, Ray.

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## A Kaipara Winter's Day

Dave Stephenson

*Dark brooding clouds scudding thickly overhead  
moving mournfully across the bay  
as a stiff southerly whips callously  
the waters surface into frenzied whitecaps  
yet finding no hardy fishermen in small boats  
to buffet and toss about on this choppy day  
the fish enjoying a respite from the wiles of men  
a reprieve from battling on the end of hook and line  
swimming safely in their watery world for the present*

*Sheets of rain chase themselves over the grassy green hills  
catching dripping landfolk, doggedly trudging  
through boggy paddocks in gumbooted feet  
seeking new calves or lambs, or driving cows to milking  
Fond thoughts of hearth and broth at home  
with day closing down in early evening  
a comforting dram or two by fireglow*

*Showers wash over rain-slick rooftops  
houses dejected, damp and shadowed  
unwelcoming at present to painter or builder  
stand in silence, unattended.*

*Bare, deciduous limbs stretch out to the sky  
in appearance forlorn  
yet content to rest from the labours of past seasons  
to await the passing of winters chilly gusts  
for warmer, balmy days  
when eager young buds sprout forth once again.*

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## Pets in the Valley



Well it's that time of the year when the calves and lambs are being born.

Mostly it is cows that I go to help but recently I was called to see a sheep that wasn't making progress with lambing. She had failed to dilate her cervix so we decided a caesarean was the only option and surgery commenced.

I pulled out the first lamb. It didn't really move, so I was worried it might be still-born but it was ok. I felt again and pulled out lamb number two; which was a bit more vigorous this time, definitely alive and also a good size. Felt again and, my goodness, we had live lamb number three - another good sized lamb. We had not expected that as the other two were so big.

Checked again and felt another 'leg'. Wow, four lambs! But hang on, it wasn't quite so obvious as to where the lamb was lying.

It took me a minute to realise the 'leg' was a slow release drench capsule in the ewe's stomach and not lamb number four at all.

There is definitely a first time for everything!

Stitched our girl up and left her fairly happy with three lovely lambs.

Enjoy your spring and especially any surprises that come along!

Janine



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## From our family to yours Connect & Inspire

Staying in Auckland recently for a course, I experienced five days as a childless commuter.

Buses felt like a 'VIP experience' as we whizzed past angry snakes of red brake lights, but there was a deep sense of loneliness and isolation from city living that only took a day to kick in.

I was not lonely from lack of children (mind you, these breaks make me love them again). It was when I tried to make eye contact with people walking past, and when I smiled at the ones who were actually looking me in the eye. And that was not many, if any.

There were the people sitting next to someone on a bus, close enough to be touching, but not even acknowledging the others' existence. There were those who would get off the bus without even thanking the driver, like he was some kind of automated robot.

It always amazes me how the closer people live, the more

distant they become.

And impatient! Wow, waiting several moments in a queue and especially for food, seems to make people irate, as though their existence was more important than anything or anyone else's.

Oh the waves of appreciation to come home to Paparoa, and stroll around smiling and chatting. To be welcomed at school functions like a true friend, to take my son out to dinner at the Cruiser and feel like part of the family. Cherish what we have, Paparoa. We CAN keep welcoming new friends here without losing our connection to one another.

Those who flee the city may realise it takes time to remember and re-establish what community really is. Locals, you are the welcoming party to this inclusivity!

Jenny



## Playcentre Adventures under the Walnut Tree

Term three is now upon us, and with it comes lots of new ideas for play. After our recent centre planning meeting we have earmarked some of the following ideas for our sessions based on what the children's current interests are.

Baking/cooking was a big success in term two, so we're going to look into recipes where the kids can complete many of the steps, and explore the use of different tools and actions while cooking.

Messy play, collage, construction are also on the agenda, with the recycled 'junk box' being quite the hit.

For the kids wanting to move more we're planning 'wheel's

days', where we'll draw up chalk roads, and help them make their own licences and maybe even some road signs. Kids are welcome to bring along their bikes/scooters etc, or use the ones at centre.

Water play is also popular, but we might leave this 'til later in the term when the weather is a bit more accommodating.

We look forward to seeing you!  
Grace Seward

## Ready Steady Wriggle

Plunket's *Ready Steady Wriggle* playgroup is held regularly every 2nd and 4th Mondays of the month at the Sports Pavilion in Paparoa, 11am. It's all about active movement for 0-5 year olds, and older siblings are welcome too.

Bring a change of clothes and a snack for your little one as it's hungry work playing! Coffee and tea are provided while a gold coin donation is appreciated.

See you all there; 2nd and 4th Mondays Tina 021 0335 128



## PEPE bites

Plunket is bringing their PEPE bites (Parent Education Programme) to Paparoa. You can attend any or all of the sessions; the choice is yours. These bite size sessions are great as they're not the six week courses usually offered.

Come along, meet other parents and share ideas while learning about the really important things that are going on for you and your child.

It's free to attend, but please register as places are limited.

Sessions will be held at the Paparoa Sports Pavillion (old rugby club) on the following Mondays from 10.30am-12pm

August 1 - *Toilet Learning*

August 15 - *Brain Development*

August 29 - *Tantrums*

September 5 - *Toddlers' Challenging Behaviours*

September 19 - *Parenting Styles*

To register contact:

Toni 021 615 396 or email  
Toni.yarrow@plunket.org.nz  
or call Tina 021 033 5128  
tina.ball@plunket.org.nz  
or private message Tina.

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## White Rock Gallery

July started off with a bang when 72 vintage car rally enthusiasts arrived to see the gallery, producing good sales for our artists and crafters. Since

then we have enjoyed further sales after a fairly quiet June.

The Kiwiana Exhibition has prompted admiration and sales from visitors, and if you haven't been in yet it will remain on show until the next refresh.

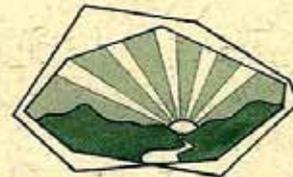
We are fortunate to have gained three new members. Peter Irving's lovely woodcraft is much admired and is 'flying' out the door so he is going to be a busy man to keep up with it. Also there are new paintings and ceramics from Tatiana White and paintings from Susanne Harrison.

The first of our two art workshops were held in July, so watch for some lovely new paintings in the near future. The next workshop will be a two-day mosaic course with Pat George at her Matakoho Studio from which we hope we'll see some lovely mosaic art in our gallery in the future. These workshops are partly funded by Creative Communities Grants from KDC.

On your next visit to White Rock, look for the new addition in the garden which our resident sculptor Ken Subritzsky surprised us with. Thanks Ken for your time and effort.

As ever, if you are interested in joining our happy bunch of artisans, either call into the gallery or contact Stu Robertson or Janice Booth on 946 990.

Janice



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## Ladies, here's a great night out!

A Direct selling evening which makes for a perfect 'ladies night out' is being held again on 10 August. Come along and find out what each of them have to offer in a relaxed atmosphere.

These are some of the products that will be on offer:

### Avon

The Avon range originated in 1886, when salesman and founder David McConnell who was selling books door-to-door, decided to sell perfumes instead. Avon's products now include cosmetics, skincare, fragrance, fashion and home products. The company is the world's number one corporate fundraiser for breast cancer.

### The Chef's Toolbox

With a combination of high-quality cooking tools and simple recipes, you can prepare fabulous healthy meals and make cooking fun. Products include cookware, knives, bakeware and chef's tools.

### Rawleigh's

WT Rawleigh's wide range of products have been providing quality healthcare since 1889. Rawleighs include medicinal, nutritional, gourmet, home-care, and animal and plant care products.

### Jamberry

Jamberry products are do-it-yourself nail wraps which three sisters created in 2010. There is an incredible choice of designs that can be customized, paired, and layered to create a personalised nail look.

### Tupperware

Earl Tupper created Tupperware in the 1940s and now it's known worldwide for its storage, serving and food preparation solutions. By using Tupperware for storing, freezing, reheating and serving, you can help reduce the impact of throwaway plastic wrap and packaging.

### ENJO

Enjo's high-value, comprehensive range of cleaning products of ENJOtex fibres protect the environment as you clean using only water with no chemicals. The ENJO system cleans more hygienically compared to other methods.

## Direct Selling Evening Ladies Night Out

Paparooa Hall, 10th August 7 - 9pm

*It Works, Nutrimetics, Enjo, Avon, Rawleighs, Tupperware, The Chef's Toolbox, Intimo, Jamberry and more.*

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Intimo stylists. Feel fabulous in beautiful, well fitting and supportive lingerie.

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## The Mikado reviewed

Another great, entertaining offering from the folks at ORT.

Young lead Natalie Birt as Yum-Yum was fabulous, and a spot-on pick. So too was Sam Birchall as Nanki-Poo.

For a play written in 1884, it has aged rather well, originally written as a satirical expose of British politics hidden under the guise of the 'exotic' Japanese village of Titipu. Complex verbose songs akin to ye olde rap must have made rehearsals exhausting, but the

cast did such a fabulous job of presenting them, and in such beautifully crafted costumes.

We the audience were thoroughly entertained. The changes in songs giving some modern cultural references were well placed, and I felt, gave the whole story a lift.

It was hit and miss whether my 'Mr 9' would understand the plot, and he didn't, but he declared it funny, at least.

Jenny Longdon



Sam Birchall and Natalie Birt as Nanki-Poo and Yum-Yum

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## Cruiser cafe a family opportunity

Following a back injury that resulted in Justin Healey having to give up farming, he and wife, Sam, needed to look at alternative employment to provide for their young family.

Having been brought up in the local area (Justin in Maungaturoto and Pahi, Sam in Hukatere and Matakohē), the young couple were familiar with the area and the businesses that contributed to the community. In 2010, shortly before their eldest daughter Brooke turned five, Sam and Justin took the plunge and leased the Paparoa Hotel.



Although Sam had had some experience in the hospitality industry, running a pub was new to both of them. Over the next three years they developed a successful business. "After getting the food side of the pub up and running we realised that that was more of what we wanted to do, but somewhere which was more family friendly" says Sam. The opportunity to take over the Cruiser Bar and Grill presented itself.

During the the two weeks prior to re-opening, Sam and Justin redecorated and brightened up the interior, putting their own touch on the place. The outside will be repainted and new signage will be installed.

Moving to the Cruiser has been more than just a business opportunity. Having a lovely big family home attached to the restaurant enables this hard working couple and their three girls to spend more time as a family.

Family is at the centre of Sam and Justin's business plan.

"We are creating an outside hut for children with toys and chalkboards to keep the kids happy. Having three little girls of our own we want to make dining here as 'family friendly' as possible. We are providing a great range of meals and pizza. There is something for everyone including vegetarian and gluten free options.

Our main goal is to provide somewhere you can take the family out for a great meal at a good price and leave feeling satisfied".

Patronage during their first few weeks of business certainly indicates that they are well on their way to achieve their dreams.

### Cruiser Bar and Grill is open:

7:30am to 10pm Tues to Fri

9am to 10pm Sat and Sun

Brunch menu, cabinet food, homemade cakes and slices, and great coffee available during the day.

Roast dinner buffets on Sunday  
Takeaway pizza every day.

## Musical notes

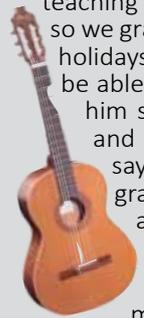
with Heather Revell

My eight year old grandson decided he wanted to learn to play the guitar in November last year. He had seen a couple of kids at his school playing and his dad (my No.1 son) plays a really nice guitar. So, a guitar was on his Christmas list and I bought him one with a case and his first guitar book.

He was delighted with his Christmas pressie and I began teaching him to play. He doesn't live anywhere close to me so we grabbed what times we could during the Christmas holidays and he made a good start. I was delighted to be able to work with another one of my whanau to get him started on his musical journey. He is very quick and terribly smart (yeah I know, grandparents all say that about their grandies) and he has quickly grasped several notes, chords, picking melodies and vamping chords for several songs.

As the year has progressed I visit as often as I can and he shows me the songs he can play and asks me a gazillion questions about other songs, other notes, chords and the mechanics of the guitar. When I can't get to see him we skype and the lessons continue. Some weeks he struggles with practice the same as any other child on the planet, but other weeks he is playing really well.

I'm a long-in-the-tooth music teacher who has taught hundreds of kids including my own children and it's exciting to be teaching my grandchildren too. It's so good to be able to pass my knowledge to the next generation and help them to learn new skills. I'm pretty sure you have skills too; are you passing them on?



Have you been considering music lessons for yourself or your children?

Contact me for advice on how to get started

info@heathermary.nz

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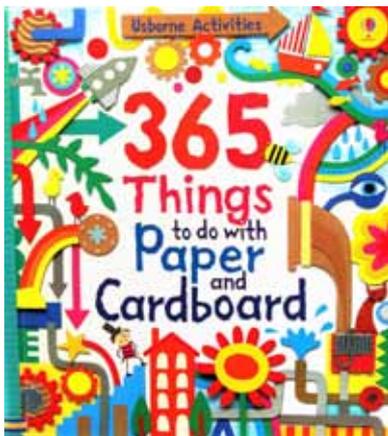


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When it's cold and wet outside, and you're not sure what to do, why not get creative with cardboard and paper. You don't need to buy special equipment you can reuse cardboard boxes, packaging, newspapers or old wrapping paper to create something fun and interesting.



These days it is very easy to find activities on the Internet, especially sites like Pinterest, however I'm still a big fan of having some good books around – they won't be affected by power cuts or slow Internet connections. Usborne is a fabulous publisher of quality books and this is one of my favourites.

Why not create a whole family or community of mini monsters. They also have a great website with some free activities you can download too at [www.usborne.com](http://www.usborne.com)

### Stand-up mini monsters

All these monsters were made from wrapping paper or magazine paper, glued onto thin cardboard.

- Simple monster**  
1. Glue patterned paper onto a piece of thin cardboard. Draw a shape for a body and cut it out.
- Spines**  
2. Glue on eyes, a mouth and teeth. Draw black lines around the eyes and add eyebrows and eyelashes.  
3. Make two small cuts at the bottom of the body. Fold the end parts forward to make feet. Then, fold the middle part back to make the monster stand up.
- Spiky hair**  
4. Cut triangles out of a piece of cardboard, then glue them onto the back of the head.
- Add a tail**  
Cut out a tail and glue it onto the back of monster, after cutting and folding the feet.

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## Paparoa School news

Fundraising activities are keeping our PTA busy.

In early July we hosted the Wellsford/Warkworth Vintage Car Club's *Winter Woollies Rally* at the Paparoa Memorial Hall.



While club members enjoyed a scrumptious lunch catered by our fabulous PTA, there were 64 cars (each at least 40 years old) on display in the carpark. Entertainment was provided by locals The Eccentric Ukes. The atmosphere was very positive and we all enjoyed talking to drivers about their vehicles.

Planning is well underway for our annual *Possum Purge*. This year hunting/trapping will take place on Thursday, 25th with prize giving and mini gala being held from 11am on Sunday, 28th August.



Hunting and Fishing in both Dargaville and Whangarei are offering a 10% discount on ammunition for registered teams.

For more information about this offer, please contact Hanna at school 4317 379 or [admin@paparoa.school.nz](mailto:admin@paparoa.school.nz)

On Saturday, 6th August our PTA will hold the community food stall at the Paparoa Farmers' Market, so come down and enjoy a bacon and egg sandwich, our beef sausages, or a cupcake or two.

We look forward to seeing you and your families at our gala, and hope we will again break the 1000 possums tally.



Julie Harper



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## Lions news

Our area's District Governor joined us for our monthly dinner meeting in July. As well as listening to him speak on the goals for this Lions' year, we were fortunate to have Adrian Finlayson, son of Sally and Graham Taylor, talk to us about his time in Ethiopia.

Adrian works for Heineken Breweries and was involved in the development of a new brewery in Addis Ababa. Graham and Sally recently visited him there, and had told us of their experiences at a prior meeting. Adrian shared another perspective having lived there for three years.

### Memorial tree planting

Looking ahead, on Saturday 6 August at 1.30pm, there's a memorial tree planting afternoon at the walkway. We have begun an avenue of trees for deceased Lions of the Paparoa club.

### Young Ambassador Award

It's Paparoa Lion's turn to host our zone's 'Young Ambassador Award' competition which looks for future leaders with an emphasis on community service. Students from Dargaville, Ruawai, Bream Bay and Otamatea and Otamatea Christian Schools, aged 16 to 18 years compete for generous prize money. This is judged on public speaking, an interview, and a CV outlining community service involvement.

This evening event takes place at Paparoa Hall, Saturday 3 Sept. Anyone interested in this entertaining evening should contact Mark Pilkington, 4317 369

Pete Hames



## Lions Officers for 2016/17



Photo left to right: Bryan Walker (Immediate Past President), Huck T, Jim Rowlands (Vice President), Ashley Cullen (President), Lawrie Stevens (Bulletin Editor), Mark Pilkington (Secretary), Stephen Seager (Lion Tamer), Ken Chambers (Tail Twister), Pete Hames (Treasurer), Graham Donald (Host and Membership Director).

## Letters from the Old Post Office

### Country mice and city mice

It cannot be said in all truth that dialogue that emanates from *The Shed* is complex, thoughtful or often particularly tolerant. So it was with some interest that I caught fragments of a conversation that was seemingly complex, thoughtful and tolerant.

Washing basket in one hand and dog food in the other, both the dog and I waited in breathless anticipation. The dog thinking, "What the heck is causing the hold up with food distribution here?" and I simply waiting quietly to see where this more intellectual pursuit would take the men-in-the-shed.

Hopefully, it would exhaust them and they would wander slowly, thoughtfully homewards. Nevertheless I was intrigued - what had caused this departure from the more mechanical or indeed agricultural interests? Unfortunately, this was to remain shrouded in inarticulate half phrases and monosyllabic noises, yet I did ascertain that the difference between city life and country life was the topic.

The theme seemed to be that the city was a tumultuous mass of life that left little time for the awareness of the natural rhythms and patterns of life. They spoke of people needing to be aware of the ways of the country, the simple give and take of rural life, the tolerance of the individual (I think the actual phrase was "mad nutters") and the just getting on with your neighbour.

In many ways they waxed almost poetical and could indeed have been paraphrasing Elizabeth Goudge in "The Scent of Water" - *In a city the multiplicity of threads forced a whirling confusion on the loom but here the simple pattern and the slow weaving made purpose more discernible.*

Deb



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## Introducing ... Heather Revell

ATCL Dip Tchg BA(Education/Music)

Heather and her partner Lance moved to Tinopai in November 2015. As Lance had recently retired from product designing, they wanted a change of lifestyle - a slower pace in which to spend more time together and to do more of the things they enjoy.

Heather is slowly transitioning to full time residency. For three days of the week she teaches music at a South Auckland college and spends the other four at Tinopai in her garden, fishing with Lance, running her business and getting involved in local community activities.

She brings her music knowledge and teaching experience to Tinopai and surrounding areas. An advocate for music education being available to children from new born babies upwards, she has been teaching music since she was 15 years old and has continued private music lessons now for about 40 years.

"I only went to High School for two things - music and lunch! I started learning piano when my parents bought me a new piano at the age of seven. Then I took up singing and other instruments at school including flute, clarinet, violin, double

bass, guitar and saxophone".

For 21 years Heather has led a music education business with several teachers and administrators on the staff. The business includes private and group music lessons, instrument rental and book sales. Music is taught to all ages - from babies, pre-schoolers, primary, secondary, tertiary students to adults who either learnt music when they were young and can't remember anything, or who have had no previous tuition. Age is no barrier to learning music.

For the past 14 years Heather has taught classroom music and directed classroom bands, jazz bands, concert bands, recitals, tours to festivals and competitions in NZ and Australia. She enjoys performing and loves to see her bands perform. Personal discipline, development of self-esteem, confidence and



leadership are just a few of the skills that students gain from being musicians who work hard to get their music 'out there' for others to enjoy.

As a mother and grandmother, Heather knows what it's like to be busy; managing family, working, studying, writing, budgeting, counselling, and teaching. Life is full of opportunities and yes, some speed-humps on the way.

Continued learning and professional training and upskilling are keys to Heather's success. Her philosophy for life is plain and simple. Follow your passion: love life and connect with others. PP



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## Movie review

### The Dark Horse

Directed by James Napier Robertson

Another well crafted NZ film based on a true character. Genesis Potini (played by Cliff Curtis) was a man suffering from severe bi-polar disorder but nevertheless had become a successful chess champion amidst his continued re-admittance to psychiatric institutions.

The film focuses on his last release and his attempt to reintegrate into his family and town. His brother, a patched gang leader, reluctantly gives him a bed. From there Genesis decides to help out at the local chess club, set up to help the children of gang members. Genesis meets his nephew Mana (James Rolleston) a young man about to be initiated into his father's gang.

This movie is moving but inspiring, it shows the possibility of hope and new beginnings. It also looks at how men can become 'the damaged'. If it has a slogan it will not have the 't-shirt' appeal that unfortunately the *Once were Warriors* infamous one liner has. A scene near the end of the film has left the viewer to dwell on this message from Genesis - "How many times have you been pissed on? Is this what is done to so many men to make them what they are".

A film worth watching.

Deb C

2014- Toronto International Film Festival, 2014 New Zealand Film Awards - Best Picture, Best Director, Best Screenplay, Best Actor, Best Supporting Actor, and Best Score; Audience Award for Best Film and the MovieZone Award at 2015 Rotterdam International Film Festival, Runner Up for Best Film at the 2014 Palm Springs Film Festival, Best Actor for Cliff Curtis at the 2014 Asia Pacific Screen Awards.



## RIP Jacob Schipper

Sadly, this 69 year old gentleman passed away during July. Jacob had purchased the old hospital property, moving to Paparoa from Waiheke Island in May. We had intended to visit this interesting character for a story. You can see his blog at: [koosnz.blogspot.com](http://koosnz.blogspot.com). 

## Gardening

August is the month to get planting some of your summer crop seeds in a sheltered warm environment. It takes time for seeds to germinate and grow to good sized plants ready for labour weekend. Leave cucurbits (courgettes, pumpkins, cucumber and melons) until much later. They need to grow quickly in a warm sheltered spot.

You can start looking at sowing peas and lettuce out in the garden. Tomatoes, eggplant, runner beans and capsicums and also summer annuals can be sown if you have a plastic house or very warm frost free area. It's also time to start sprouting your seed potatoes as these will need to go in the ground in September to be ready for Christmas.

The main pest problem at this time of year are slugs and snails so you will need to be very vigilant or use snail bait. Just be very careful that this is not accessible by dogs. Cats seem to be smarter and know it is poisonous.

Clear grass and weeds from around fruit trees and rake or lightly hoe over the topsoil under them to reduce the number of larvae of bronze beetles. These beetles can cause quite a bit of damage to leaves and fruit in the very early stages of development especially apples. Some years they seem to appear in plague like numbers and cause a great deal of damage. If you have hens they could be run around the base of your fruit trees to eat the larva of these pests as they come out of the ground in spring when it warms up.

I have yet to decide what flowers we will grow this spring and am still checking out catalogues.

Enjoy your garden.

Stella

## Carrot Cake

*A great Carrot Cake recipe (courtesy Viva magazine NZ Herald)*

4 eggs	1 tsp baking powder
2 cups raw sugar	1 tsp of cinnamon
1½ cups vegetable oil	1 tsp of nutmeg
½ cup drained pineapple	2 cups of grated carrot
1 cup wholemeal flour	½ cup toasted coconut
1 cup self raising flour	

1. Preheat oven 180 degrees C.
2. Grease or line the cake tin
3. In a large bowl beat the eggs, whisk in the sugar and oil and stir in the pineapple
4. Sieve the dry ingredients and fold in all the rest of the ingredients until well mixed
5. Spoon into the prepared cake tin
6. Bake 50min to 1 hour.
7. Ice when cold.



### Icing

- 250gm cream cheese softened
- 50gm softened butter
- 2 tsp vanilla extract
- 2tsp of finely grated lemon zest
- About 2 cups or a bit more of sieved icing sugar

Beat butter and cream cheese until smooth then add the rest of the ingredients and beat well.



## VRFF

The Paparoa Volunteer Rural Fire Force

AGM was held early in July. There have been a couple of changes within the team and some have retained roles. Noel Futter continues as the Chief Fire Officer.

A full set of minutes can be found on the Paparoa VRFF facebook page for all of the officer positions.

After four years as secretary Yvonne Yorke has stepped down. We would like to extend our thanks to Yvonne for doing such a fantastic job for us. Yvonne is not leaving us; she's joining the fire fighting team.

We are always looking for new members, so if you are interested in joining you can contact Cohan 4316 668 or Gerard 4316 089. Our training nights have changed to 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays of each month.

We need a relief person to help out on the 'phone tree' when there is a call out. If you are interested in helping please contact Amanda on 4316 628.

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## Community dinner with music

The Paparoa Sports and Recreation Association try to hold at least three community dinners each year, with funds raised going directly towards the maintenance and upgrading of the Paparoa Sports Pavilion.

The sports pavilion is used regularly by local groups including Paparoa Lions, JMB rugby, tennis, table tennis, Matakohe Music Makers and Kaipara Yoga, as well as casual users. The pavilion is a perfect venue for family occasions and medium sized groups, and is cosy and convenient.

The latest community dinner was held in early July with sixty guests enjoying the delicious roast meal prepared by the committee. Great local entertainment was provided by Music Makers' band, Eccentric Ukes, and also Mark and Cindy Vincent.

The committee is really pleased to have such great support for the community dinners, which as well as fundraising, are a great chance for residents to get together to socialise, meet new people, and who doesn't love having dinner cooked for them?

The next dinner will be held on Saturday 10 September from 6.30pm. Make your booking with Jane 4316 418 or Libby 4316 822

## Community Connexions Arty Farties Inc.

Well, it's that time of year again. Calving for some of us, coughs and colds. Winter vegetables in the gardens, citrus fruit - don't you love the smell of freshly picked mandarins, stews and soups, home-made bread.



Planted in our gardens at the moment are cabbage, cauliflower, carrots, broad beans, onions and brussel sprouts.

Won't be long and we will be picking to donate to the Food Banks - namely OCS (Otamatea Community Services), Maungaturoto and Youth and Whanau Focus, Paparoa.

If you have any spare veggies please donate to these organisations for our community's families. Thank you to all who support us, on behalf of the above.

Cheers, Anne Shanks 4316 229

## New organ for Coates Church

A very memorable morning in late June was held at the Matakohe Coates Memorial Church when Ralph Cullen from Keyboard Music Systems Ltd demonstrated the new organ and also shared with us some organ history.

There was a sense of enthusiasm as different organists came forward and were encouraged to try out the new organ.

A number of people thought we should organise a recital in the upcoming months as the setting and acoustics of this church would make it most successful, at the same time providing another interest for people in our Matakohe community. As well, we

believe the purchase of this organ will mean the church will be used more regularly for different types of services.

At present we are well on our way to pay for it but until



sufficient money is raised we will have to wait for its installation. Hence we are still looking for that balance and are asking for donations. Every donation, large or small, will

add up to the reality of having this asset within our community. Once purchased, the organ will be the responsibility of the Coates Memorial Church Trust Board.

Donations are being administered by the Paparoa Anglican Parochial District and amounts over \$5 therefore will be tax deductible.

Thanks to all those who came to the recital and to those who have made donations thus far.

Please contact Christine Leaf if you are interested in contributing to this cause.

Christine 4317 307

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## BOOK FAIR & CAKE STALL

**Paparoa Hall  
9am-2pm  
Saturday 20 August**

**Raising funds for the  
Tinopai Volunteer Emergency Services Incorp**



Volunteer Rural Fire Force  
North Kaipara Coastguard Rescue



## Books & cakes fundraiser Tinopai emergency services

Tinopai Volunteer Emergency Services Incorp are raising funds to erect a building to house Tinopai Rural Volunteer Fire Force vehicles and a North Kaipara Coastguard rescue vessel.

Both of these organisations do amazing work in Tinopai and the surrounding districts. At the moment our fire truck is kept in a member's garage which is not ideal. Resource consent has been granted for the new building which will contain the fire truck, a further rescue vehicle and a Coastguard boat.

or ten for \$5, we have a wide selection of novels covering romance, thrillers, fantasy and sci-fi, drama and non-fiction.

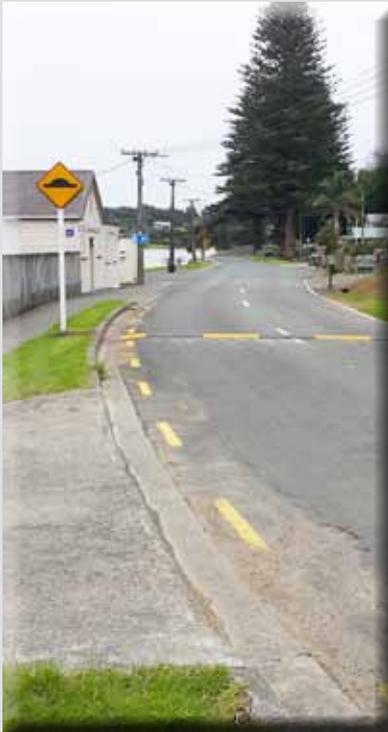
As well as the books for sale, there will be cakes and another stall with unusual flower decorations.

The Book Fair and Cake Stall fundraiser will be held in Paparoa Hall, Saturday 20 August, 9am - 2pm. Do come along and support us.

Jo Smith, Tinopai Volunteer Emergency Services Incorp.

## Tinopai Tales ...

### Watch your speed!



The stretch of road along the waterfront past the Tinopai Campground and Tinopai Hall has had some speed modifications added recently. Two speed humps have been installed in an attempt to control the speed of cars and drivers.

There are several advantages with these additions. The pathway between the Hall and the road is quite narrow and now with the speed humps installed walkers will feel a little safer when a car passes them. This will provide a safer environment for young families using the playground and camp ground too. Many thanks to the people responsible for these.

PP



### What's Hot

People who pickup rubbish on our roadsides ... and those who re-sort and recycle!

### What's Not



Rubbish dumped on our roadsides! Cans, bottles, cartons, plastic, knickers ... you name it, it's there!

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- Foundation Skills- ESOL- Financial Literacy
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**And much more**

### MAUNGATUROTO Courses/Programmes for Term 3

- LLN Upskilling- Computing- Healthy Lifestyles
- Work Readiness- Digital Steps- Financial Literacy
- ESOL Kiwiskills- Learner Licence

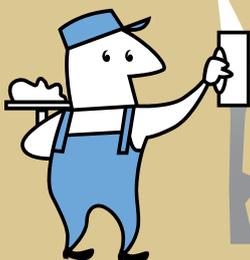
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**If you are interested in any of our Term 3 courses/programmes or would like further information, please contact Stephanie or Janet.**

**Contact Details  
0800 555 635**

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## Paparooa Library

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from 9.30 - 12.30

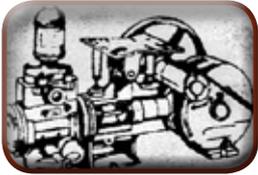
Saturday Aug 6 & Aug 20

Saturday Sep 3 & Sep 17

Avoid confusion and mark these dates on your calendar. We're only able to be open every Saturday fortnight.

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## OUT & ABOUT

**Kaipara Art Awards 2016** exhibition, The Kauri Museum, opening night 5 August. Artworks from Kaipara artists on display until 18 September. Free entry to view.

**Our condolences** to the families and friends of the late Les Spalding, Hugh Jarvis and Jacob Schipper (see page 15).

**Tinopai Volunteer Emergency Services** are holding a book fair at Paparooa Hall on August 20th. They have boxes of books that have been donated to them from the Dargaville Library to sell. (details page 17)

**Well done** Sam Hunt's Salt River Songs was on Nielsen's NZ Fiction bestseller list at #1 after just one week. A slightly stunned Sam Hunt said it is the first time one of his books has done this! (Raewyn Davies PR)

**Quite a lot of people** use powder milk rather than buy milk in plastic bottles because it's cheaper and more convenient (and have less rubbish to dispose of). Wondering why it's cheaper?

**Paparooa 'rocks'** Spoilt for choice, locals can choose to dine and socialise at the newly reopened Paparooa Hotel, The Cruiser Bar and Grill or at Lace Cafe (during the day). Proves that Paparooa is becoming THE place to rock into these days.

**g.a.s. Paparooa** We welcome the new proprietors Aman and Lucky. Open seven days from 6am to 8pm, they've stocked up with lots of convenience items plus there is pet and poultry food. Do call in and say 'hi' - we heard they're finding Paparooa a bit quiet so far.

**The Matakohe Bridges** public information day was held on the afternoon of 1 August at Matakohe Hall. Seeking community feedback, NZTA was ready to answer all questions and people could get first-hand information on the proposed changes.

**Mix** is now broadcasting in Whangarei! Tune to 89.2 FM and listen to music from the 80's & 90's. Music you've always loved, clutter free, less talk.

**Peter Pan** is to be ORT's end-of-year show end of November and early December. Auditions will be held 14 August. If you are interested in being either director or musical director please email kathy1963@hotmail.com by 8 August.

**St John Trash and Treasure** annual 'garage sale' 24-28 Sept at Maungaturoto Hall.

## Our Flag and ANZAC

We recently kept our NZ flag in the referendum and when we celebrate ANZAC Day we remember those who fought and died under that flag. It's not only for our country, but also for the Christian faith and for the values the flag has always represented, and that we hold dear and value so much.

Tony Mundell, Maungaturoto



### OUR FLAG

Author unknown

Our Flag wears the stars that blaze at night, in our Southern skies of blue, And a little old flag in the corner, that's part of our heritage too.

It's for the English, the Scots and the Irish who were sent to the ends of the earth, The rogues and schemers, the doers and dreamers who gave modern New Zealand its birth.

And you, who are shouting to change it, you don't seem to understand, It's the flag of our laws and our language, not the flag of a faraway land.

Though there are plenty of people who'll tell you how when Europe was plunged into night, That little old flag in the corner was their symbol of freedom and light.

It doesn't mean we owe allegiance to a forgotten imperial dream, We've the stars to show where we are going and the old flag to show where we've been.

It's only an old piece of bunting, it's only an old piece of rag, But there are thousands who've died for it's honour and shed of their blood for OUR FLAG.

## HOOK, LINE & SINKER

I was out the back of Pahi, off Dems road in my 8ft dingy, when I caught a 4kg snapper and then a huge seven and a half kilo snapper.

The next day I caught three nice kahawai.

So they're all still about if you know where to look and you don't always have to go very far from home!

Happy fishing.

Gravy



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**WHAT'S ON - AUGUST 2016**

**SPECIAL EVENTS & MEETINGS**

**The Kauri Museum** Kaipara Art Awards exhibition 6 August-18 September  
 "A Few of our Favourite Things" textiles exhibition of museum staff favourites  
 "Northland's Legendary Axemen" video/digital presentation axemen.kau.nz  
**Ladies Night Out** Direct sellers Paparoa Hall, Sat 10 August 7-9pm (details pg 10)  
**Tinopai Emergency Services Book Fair** Paparoa Hall 20 Aug 9am (details pg 17)  
**PTA Possum Purge** Thurs 25- 28 August (gala Sunday 28) Pap school 4317 379  
**Mullet Muster** Pahi Boating and Fishing Club 26 and 27 August see details pg 2  
**Kaipara Hospice luncheon** Matakoho Hall 14 Sept from 11am

**REGULAR EVENTS, MEETINGS AND ORGANISATIONS**

**Anglican Church St Marks** 1st, 2nd & 4th Sundays 10am, Hook Road, Paparoa  
**Ararua Church** 10.30am every Sunday, All welcome ph 431 6622  
**Art Studio, Ruawai** Mon 10-12noon ph Frances 439 2554  
**Arty Farties** Summer Markets 9am-noon, opposite Village Green; Thur/Fri in the 'Tile Shed' ph Anne 431 6229; Crafty Kids Club 1st Sun of month 10-2pm at the Shed; Beginners Patchwork Group, Mon 7pm, Te Pahi River Dr.  
**Badminton** Thursday - teens & adults 7pm, Paparoa Hall ph Pete 4316 822  
**Crafternoons** 1st & 3rd Wed in month, 10.30-4pm, Tinopai Hall ph Jo 431 7219  
**Exercise to Music** Tue 10.30am Paparoa Hall \$5 ph Rose 431 7418  
**Farmers' Market** Every Saturday 9-noon, Village Green  
**Fire Force** 1st & 3rd Monday in month 6.30pm Depot Rd ph Cohan 431 6668  
**Gardening Club** 2nd Wed of month, ph Lyn 431 6090  
**Grey Power** Last Wed in month, 1pm, Anglican Church Hall, MgtO  
**Library** Mon 1.30-4.30pm, Wed 10am-12noon, Thu 1.30-4.30pm, Fri 9.30am-1pm  
 Open alternate Saturdays - Aug 6 & Aug 20 - 9.30-12.30pm  
**Line Dancing** Thurs 10am-noon Paparoa Hall ph Rose 431 7418  
**Mainly Music** Wed 9.30am Paparoa Comm Church, ph Rebecca 431 7550  
**Otamatea Quilters** 1st & 3rd Mon month 10am, Paparoa Hall 09 439 2262  
**Outdoor Bowls** Maungaturoto Green ph Tony 431 6026 or Brian 431 6884  
**Paparoa Community Church** 10.30am every Sunday, 4 Hook Road 4317106  
**Paparoa Hall Functions venue** ph Robyn 431 7306 or a/h Loraine 431 7290  
**Paparoa Lions Dinner Meetings** 3rd Mon in month 6.30pm, Sports Pavilion  
**Paparoa Playcentre** Tues 9:30am-12:30pm, Fri 10am-1pm ph 0211852954 Playcentre or Grace 0210379445 or 556-9141 or Bianca 431 6730 or 021 782 456 Visitors welcome  
**Paparoa Primary School** Term ends July 8 term 3 starts July 25  
**Paparoa Toy Library** Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330  
**Sacred Soul Circle** 2nd Sundays, 10am-12 Marohemo hall ph Helen 021 938 024  
**Selwyn Centre** Thurs 10am for over 65's, St Marks, Hook Rd, ph 431 8193  
**Sports Pavilion Functions venue**, ph Vickie Owens 431 6432 for bookings  
**St Mary's Catholic Church** 10am Wed, 6pm Sat, Maungaturoto  
**Table Tennis** Tues 7.30pm, Sports Pavilion \$2 Pete 431 6822  
**Tennis** Adults Fridays 9.30 and Saturdays 2.30pm ph Sue Skelton 431 6224  
**Ukelele Players** Beginners / experts, Thur 4pm Matakoho, ph Dennise 431 7012  
**Waka Ama** Tue & Thu 5pm, Sun 10am, Pahi Domain, ph Grant 027 474 3856  
**White Rock Gallery** Open 7 days 10am-4pm, in Library building  
**Yoga - Chair Yoga** Paparoa Sports Pavilion Tues & Fri 9.30-10.30am \$7  
**Yoga - Anamana Studio** \$10/session ph Jenny 09 280 9694, 021 114 3370

PLEASE UPDATE US WITH YOUR DETAILS: [press@paparoa.org.nz](mailto:press@paparoa.org.nz) PP

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**LOCAL TIDES for August 2016**

**JULY TIDES - CALCULATED for PAHI-WHAKAPIRAU**

DATE	LOW	HIGH	DATE	LOW	HIGH
1st	12.08pm	6.51pm	17th	12.56pm	7.26pm
2nd	1.03pm	7.44pm	18th	1.32pm	8.12pm
3rd	1.53pm	8.09am	19th	2.17pm	8.30am
4th	2.41pm	8.59am	20th	3.03pm	9.18am
5th	3.25pm	9.47am	21st	3.49pm	10.05am
6th	4.08pm	10.31am	22nd	4.36pm	10.53am
7th	4.50pm	11.14am	23rd	5.27pm	11.42am
8th	5.32pm	11.55am	24th	6.20pm	12.33pm
9th	6.25pm	12.37pm	25th	7.18pm	1.28pm
10th	7.02pm	1.20pm	26th	7.47am	2.28pm
11th	7.54pm	2.08pm	27th	8.48am	3.31pm
12th	8.19am	3.01pm	28th	9.52am	4.36pm
13th	9.13am	3.58pm	29th	10.55am	5.37pm
14th	10.10am	4.55pm	30th	11.53am	6.33pm
15th	11.05am	5.49pm	31st	12.47pm	7.25pm
16th	11.57am	6.39pm			

**Community Directory**

EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

**COAST TO COAST HEALTH CARE**

Maungaturoto Medical Centre: 8am-5pm Mon-Fri .... 09 431 8576  
 Paparoa Clinic: Doctor Tue + Fri 8.30am-12.30pm..... 09 431 7222  
 For urgent after hours medical service (Wellsford)..... 09 423 8086  
**DISTRICT NURSE** Dargaville Hospital ..... 09 439 3330  
 Healthline - 24 hour service..... 0800 611 116  
**HOSPICE KAIPARA** Dargaville Hospital ..... 09 439 3330  
**KAIPARA DISTRICT COUNCIL** Helpline ..... 0800 727 059  
 Mangawhai Office..... 0800 100 388  
**LINKING HANDS** Health Shuttle Service, Maungaturoto 09 431 8969  
**LIONS CLUB PAPAROA** Secretary Mark Pilkington ..... 09 431 7369  
**MAUNGATUROTO CHIROPRACTIC**..... 09 431 8019  
**MAUNGATUROTO PHARMACY**..... 09 431 8045  
**MAUNGATUROTO REST HOME** ..... 09 431 8696

**OTAMATEA COMMUNITY SERVICES** Community House 09 431 9080  
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**PAPAROA PRIMARY SCHOOL** ..... 09 431 7379  
**PARENT PORT Inc.** free help for families Linda ..... 09 425 9357  
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## Spotlight on the market ... Harold & Lena

Harold and Lena Sweet have been bringing their selection of sub-tropical and native plants to sell at the Paparoa Farmers' Market for over eight years. Harold is English, Lena Nuiean, and they live at Glinks Gully, on the west coast south of Dargaville.



They first came as stall holders to the second market ever held and have been coming ever since - apart from when Harold announced they would have a break for the 2016 winter. However, that only lasted a few weeks and they were soon back again as they had missed it too much.

Of the plants they offer for sale, 80% have been grown by themselves. Any plants that can't be started at their place are purchased as small plants and grown on in their five tunnel houses until they're large enough to sell.

They really enjoy the Market and say that life wouldn't be the same without their regular Saturday visit to Paparoa. They "have met a lot of lovely people there".

The seat at the end of the market overlooking the river is named *The Sweet Seat* as it was Harold's idea. He thought it was a perfect spot for people to sit and look out over the river.



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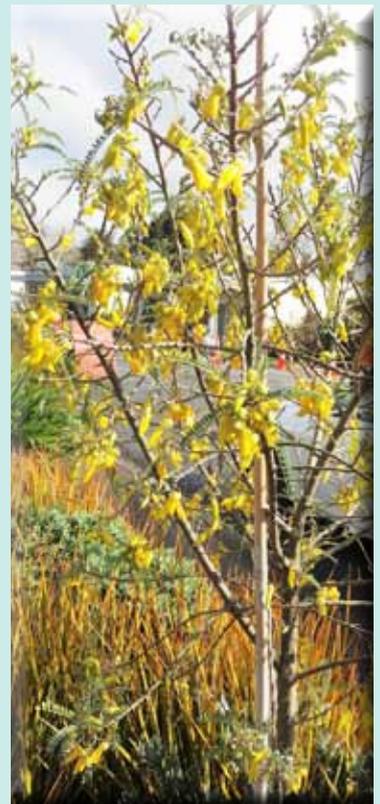
## Out and about in Paparoa



Winter on The Landing



Ponies getting some winter exercise



Kowhai planted last year now in full bloom at the car park

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